

# Knowledge gaps in HIV-TBM

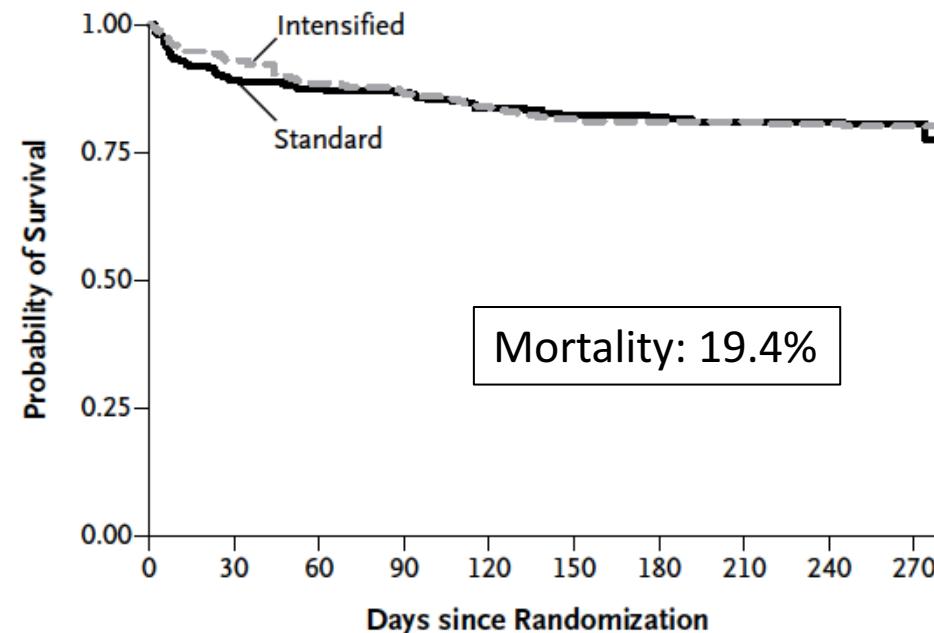
Suzaan Marais

Inkosi Albert Luthuli Central Hospital  
University of KwaZulu-Natal  
Durban, South Africa



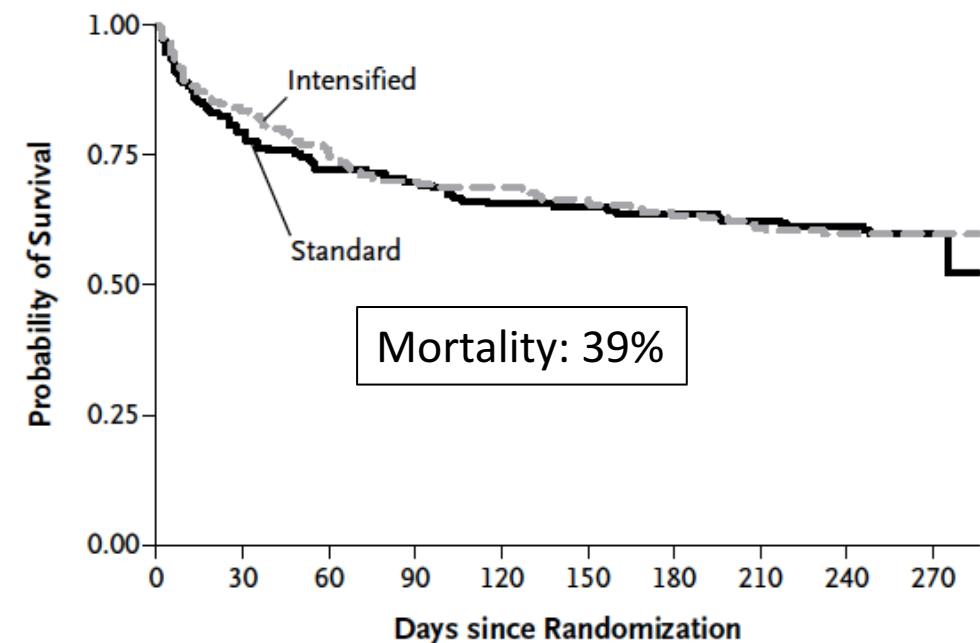
HIV = predictor of mortality in TBM: HR 2.53; 95% CI: 1.90-3.36

B HIV-Uninfected Patients



Mortality: 19.4%

C HIV-Infected Patients



On ART at enrollment: 34%

Mortality on ART: 36% (n=43)

Mortality off ART: 41% (n=93)

p=0.42

# Contributing factors to poor outcome

- Spinal complications/presentation
- Immune reconstitution inflammatory syndrome/paradoxical reaction
  - pathogenesis
  - prevention
  - management
- Hydrocephalus

# Spinal involvement in HIV-associated neurological TB

- Anderson et al:

Clinical radiculomyelitis in 3% of 104 TBM patients (HIV-infected: n=1)

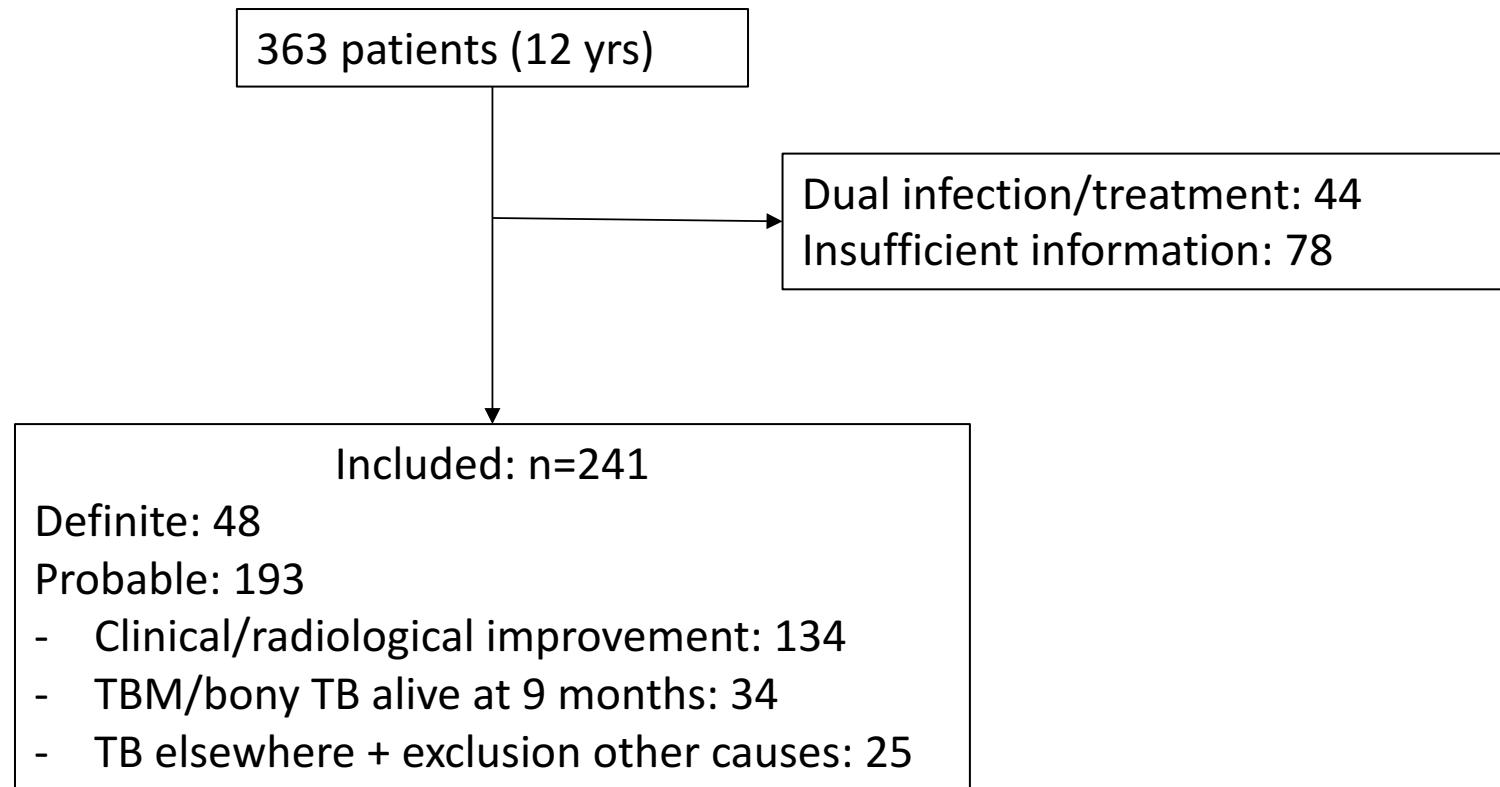
- Gupta et al:

Clinical radiculomyelitis in 46% of 71 TBM patients (HIV-infected: n=2)

- Candy et al:

TBM in 16% of 55 HIV-infected patients with radiculomyelitis

# Retrospective review of spinal TB at IALCH



# Patient characteristics

Variable	Median/n	IQR/%
Age	32	(27-41)
Sex (female)	141	(59)
Duration of symptoms	31	(14-87)
Paraplegia	113	(47)
<b>Unable to walk</b>	<b>196</b>	<b>(81)</b>
Spine and brain involvement	162	(52)
<b>HIV infected</b>	<b>192</b>	<b>(83)</b>
- CD4 count cells/mm <sup>3</sup>	169	(100-284)
- On ART	102	(53)
Spinal symptoms on TB treatment		
- HIV-uninfected	6	(16)
<b>- HIV-infected</b>	<b>65</b>	<b>(34)</b>

# Outcome

Variable	Median/n	IQR/%
Duration of hospital stay (days)	10	(6-16)
In-hospital mortality	3	(0.01)
Follow-up at hospital	120	(50)
Duration of follow-up (months)	12	(3-25)
Followed-up for 9 months	71	(29)
<b>Regained ability to walk</b>	<b>48</b>	<b>(46)</b>

- HIV-ass spinal TB = significant burden on health services in high TB/HIV settings
- Often occurs after initial improvement on TB treatment for TB elsewhere
- Associated with significant morbidity and poor outcome

# Paradoxical neurological TB-IRIS/paradoxical reactions

- **Paradoxical TB reactions more common in HIV:**
  - All TB: aOR = 5.05; 95 % CI 1.28-19.85, p = 0.028
  - TBM: HIV+ 11/44 (25%), HIV-: 2/97 (2%) p=0.01
- **Paradoxical TB-IRIS common in high TB/HIV settings:**
  - 12% (23/190) TB-IRIS patients
  - 21% (16/75) of patients with CNS deterioration within 1 yr of starting ART
  - 47% (16/34) of TBM patients who initiated ART 2 weeks after TB treatment
- Mortality is high: 13-30%

# Radiological features of neurologic TB-IRIS

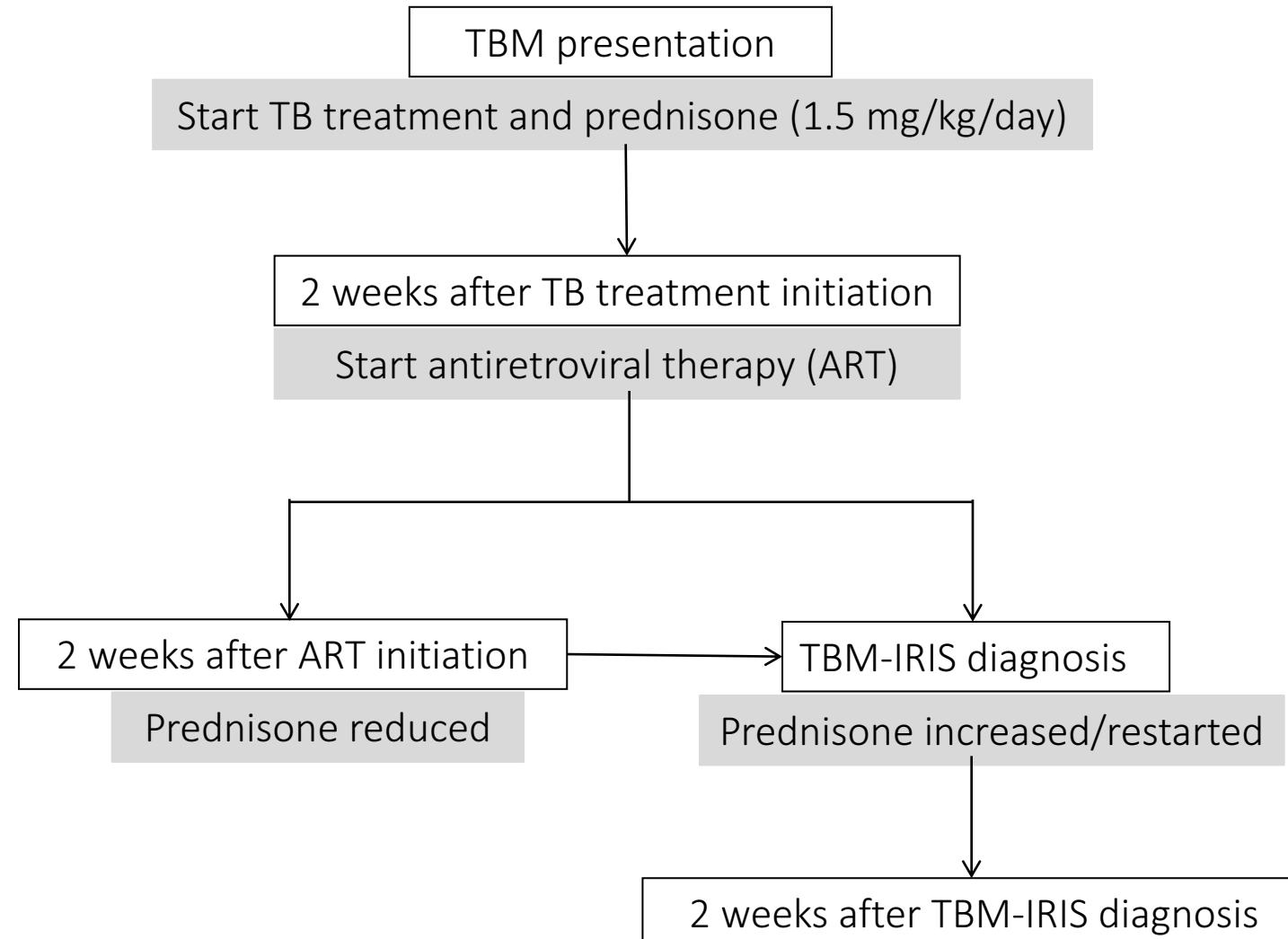
Meningitis and/or tuberculoma



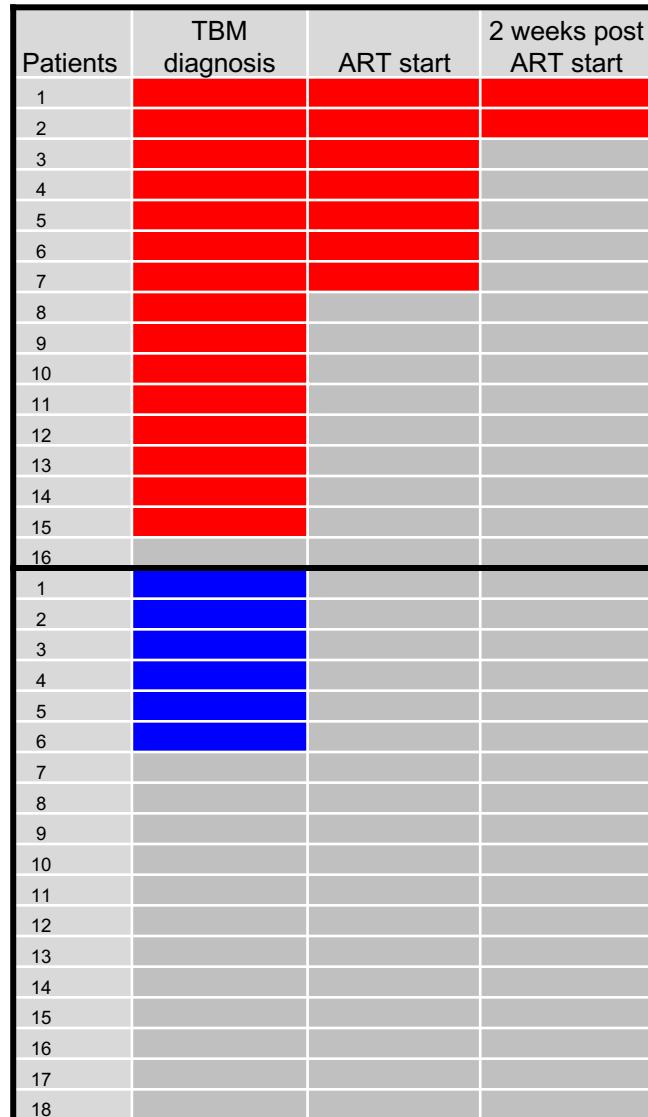
Focal pachymeningitis



# Lumbar puncture and phlebotomy performed



# CSF *M.tuberculosis* culture positivity



IRIS 15/16  
16 days  
(IQR 15-20)

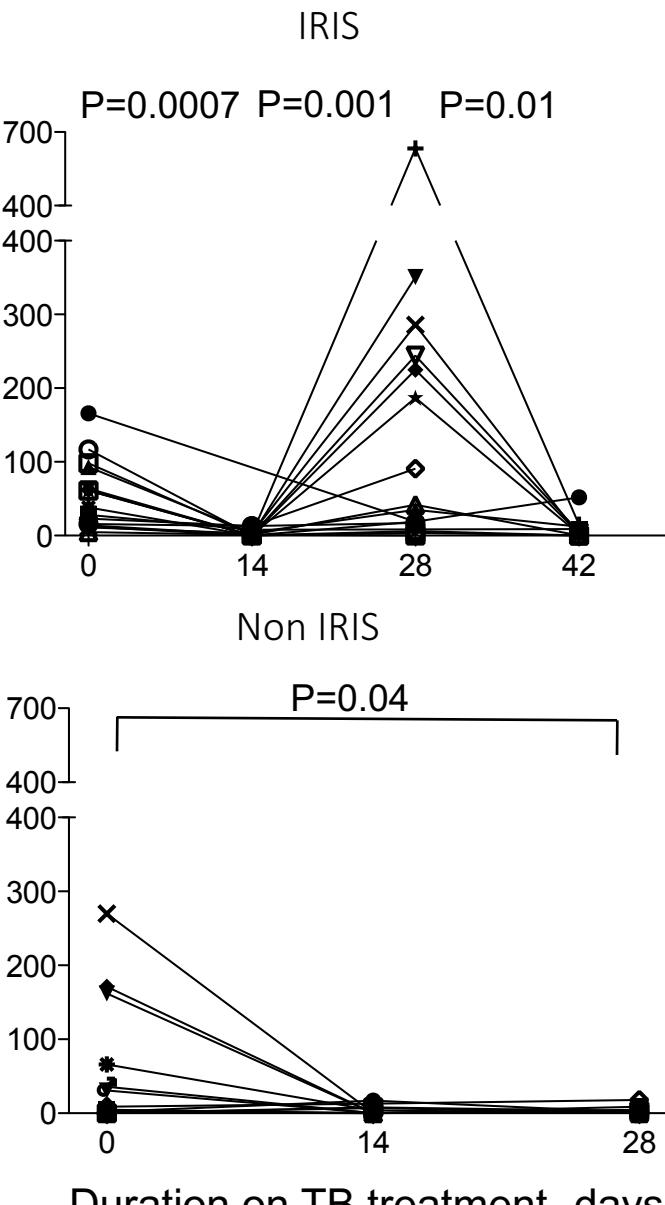
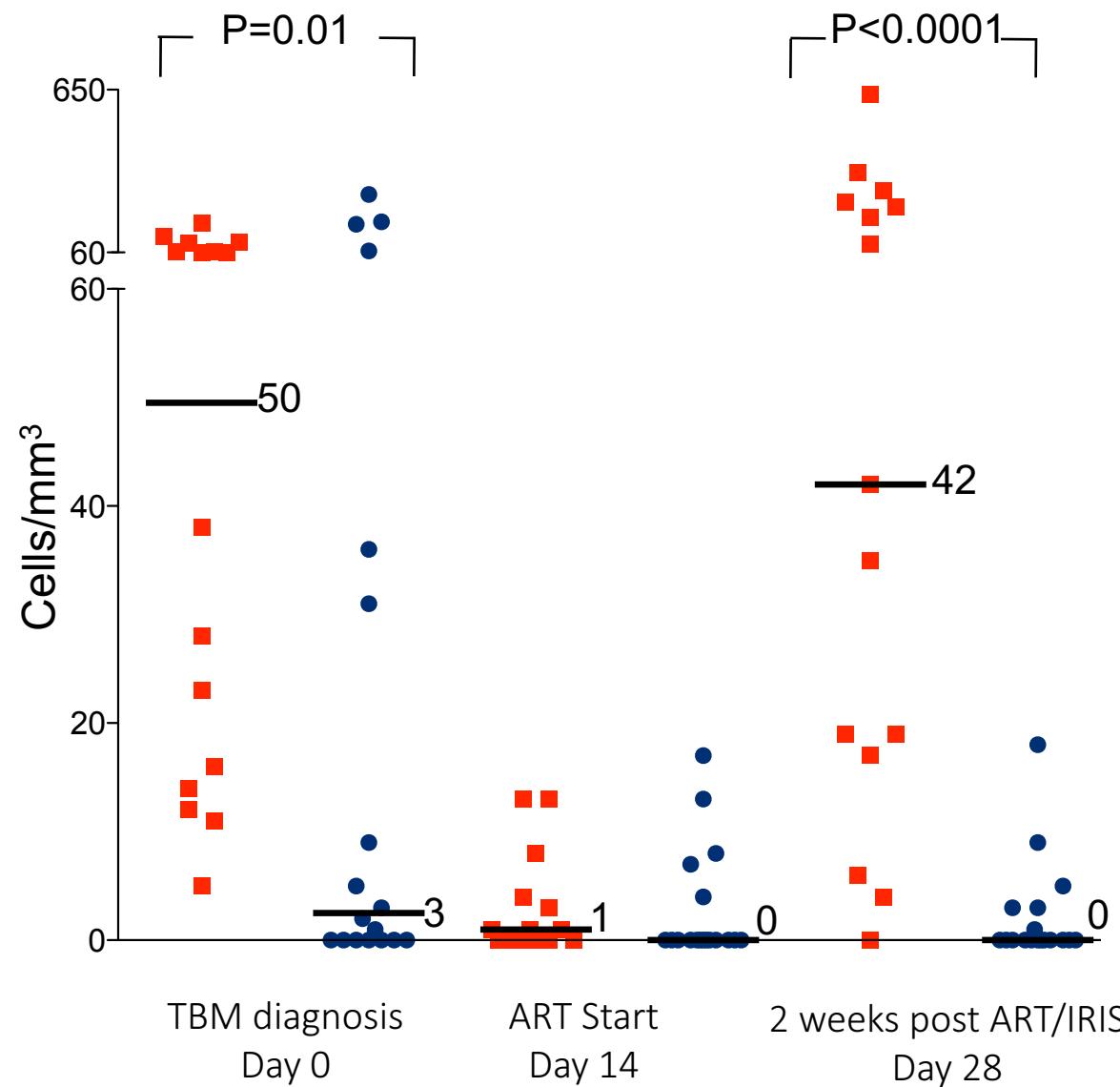
Relative risk of IRIS if culture positive= 9.3, 95% CI 1.4-62.2  
 $P=0.004$

Non IRIS 6/18  
(range 4-32 days)

IRIS

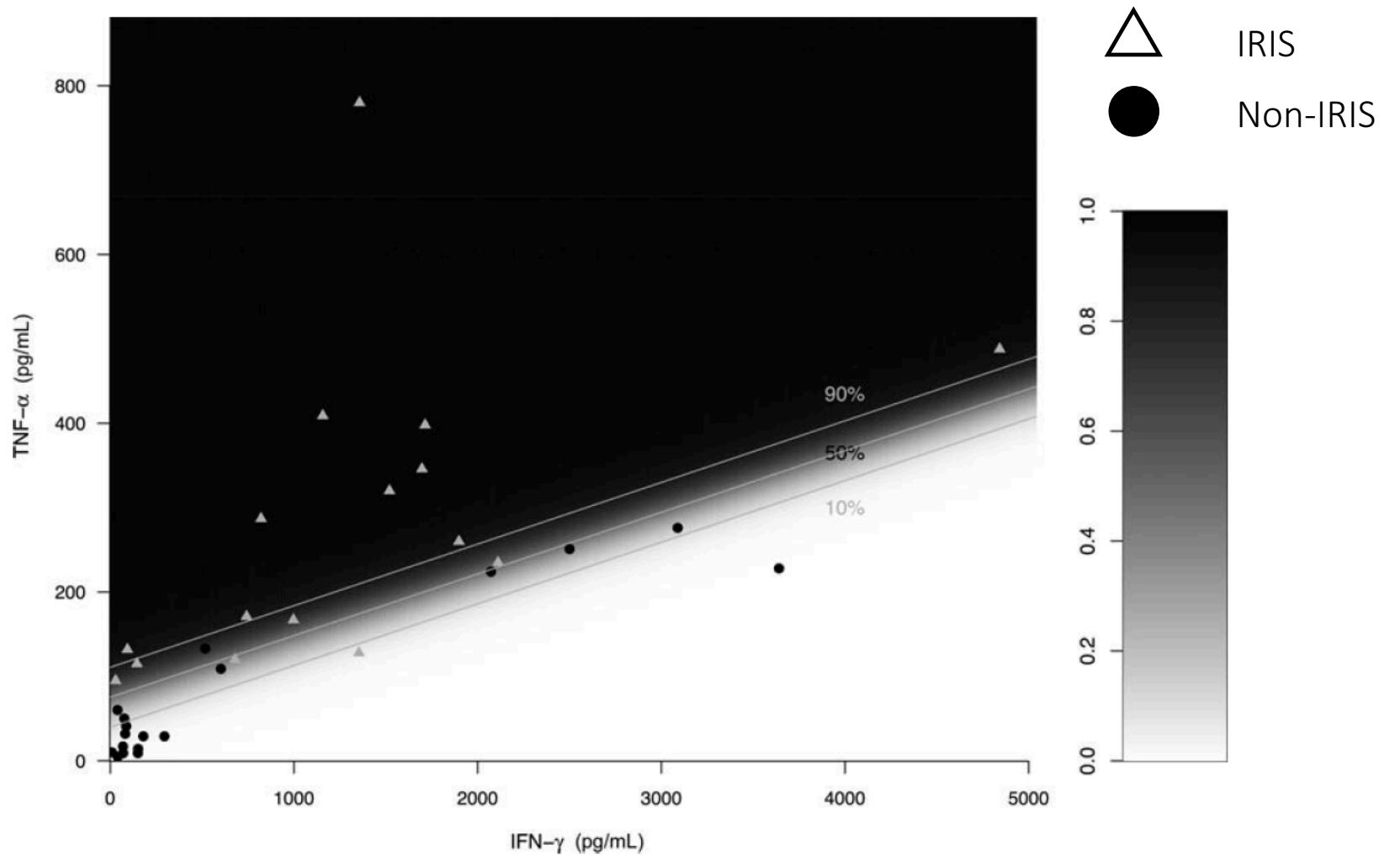
Non  
IRIS

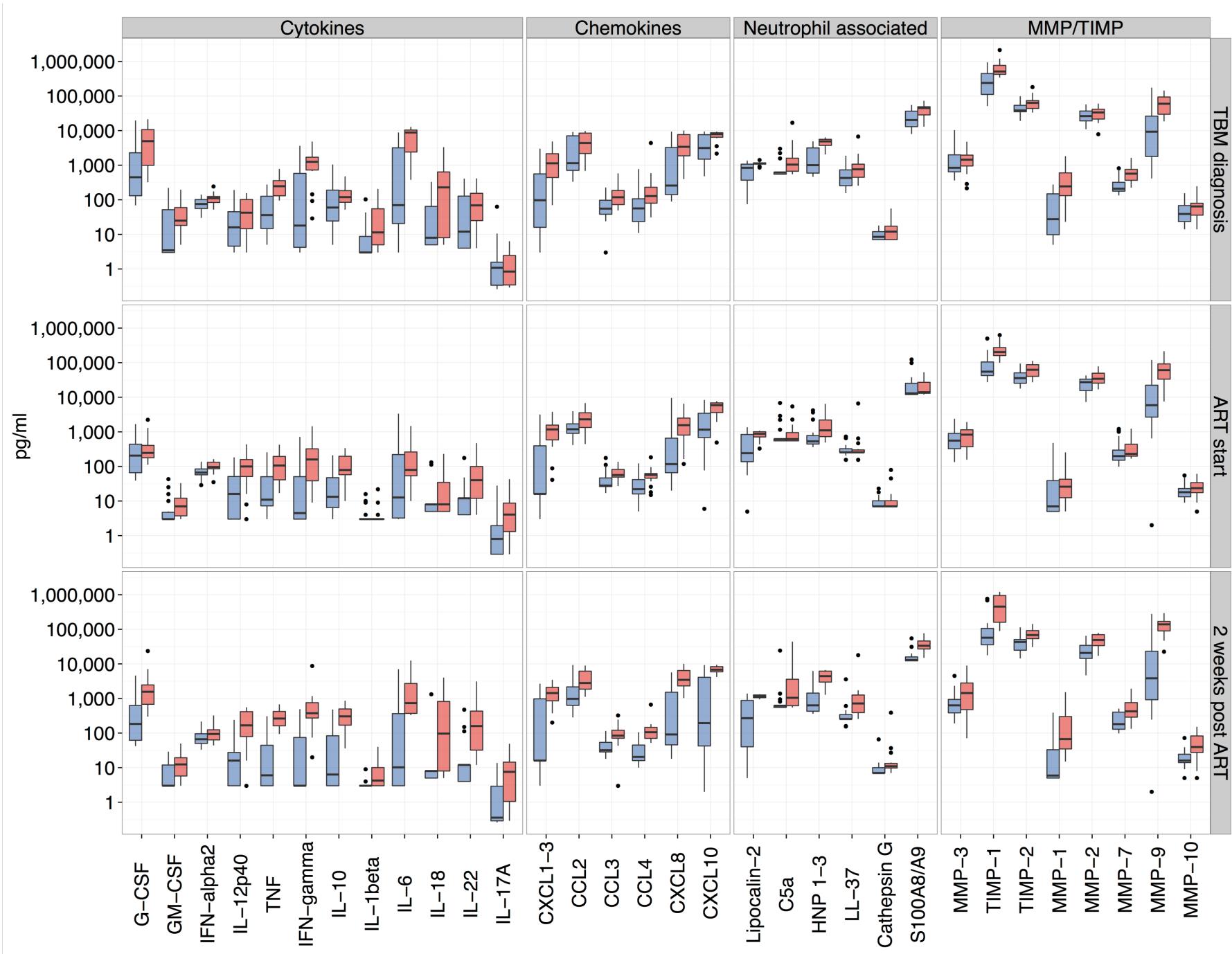
# CSF Neutrophil count



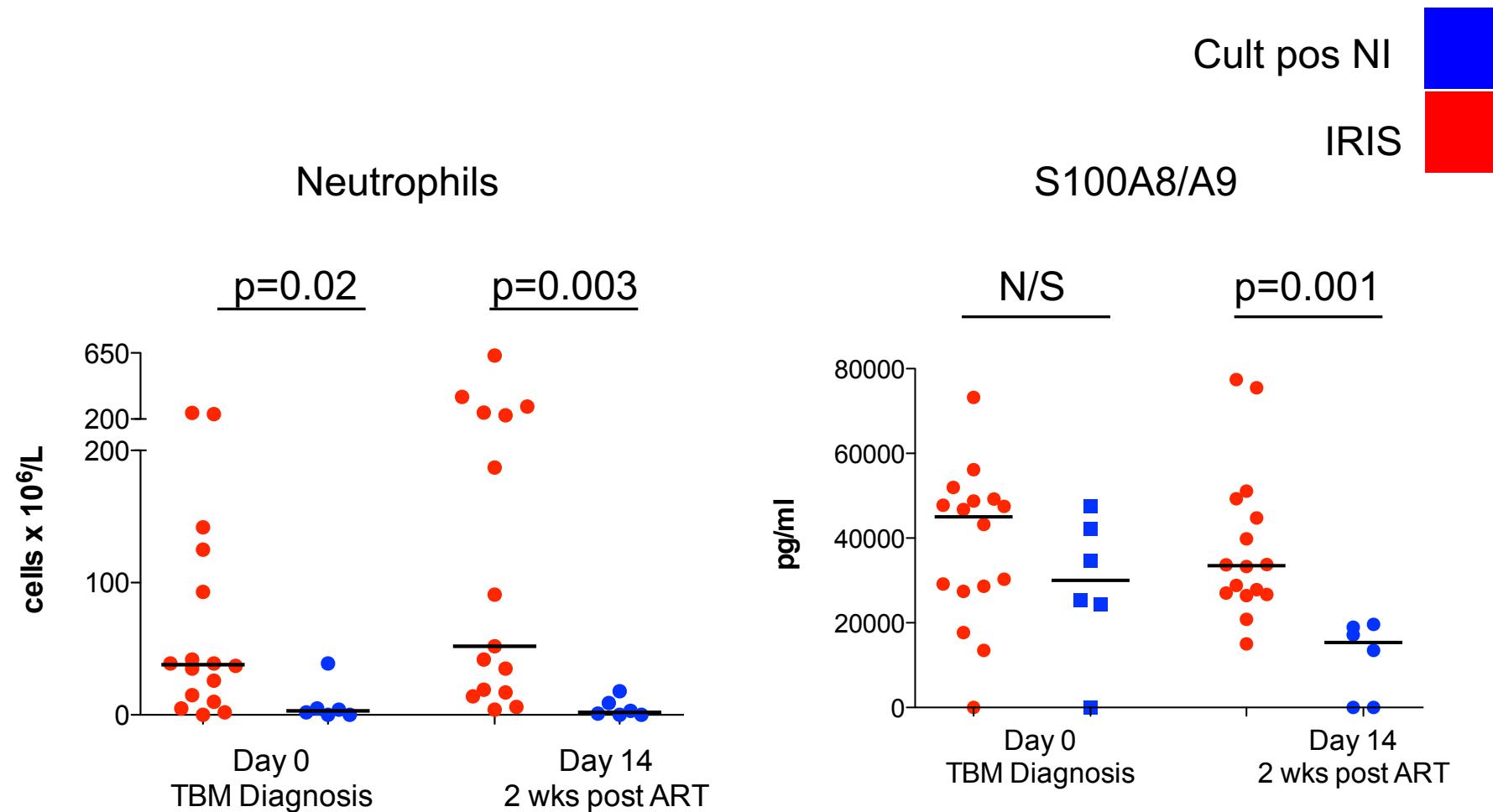
# CSF IFN- $\gamma$ and TNF- $\alpha$

AUC 0.91 (95% CI 0.53-0.99) p=0.02





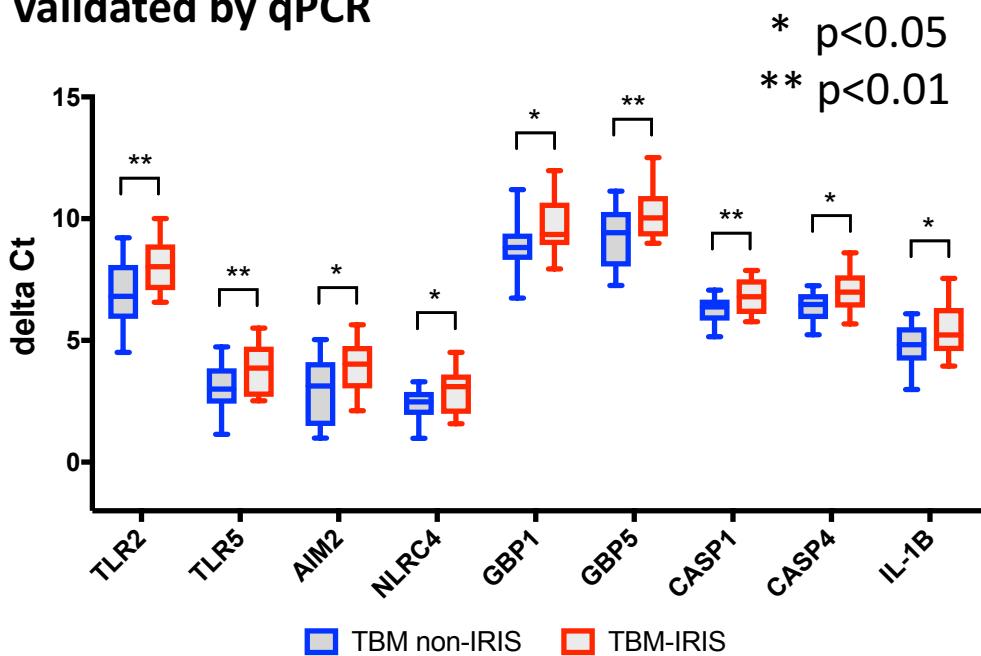
# IRIS vs Culture positive Non-IRIS



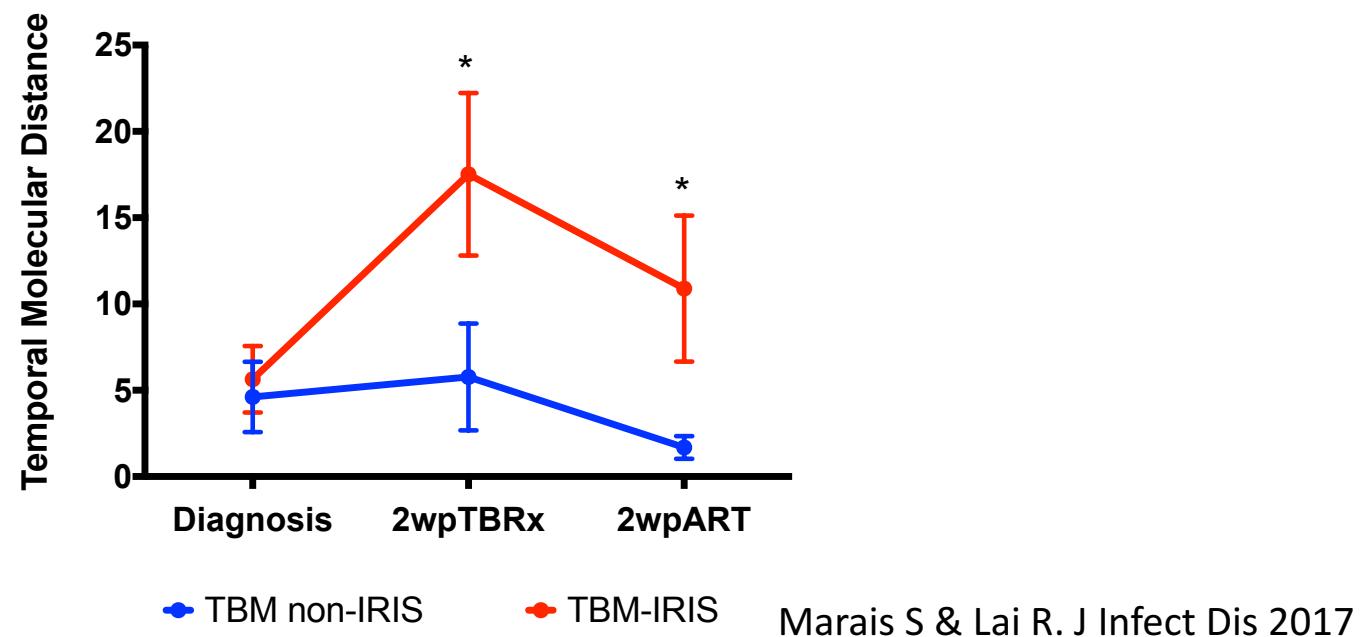
# Blood transcriptomic profile in TBM-IRIS

Transcripts upregulated in TBM-IRIS	TBM diagnosis	ART initiation (2 wks after TBM diagnosis)	IRIS presentation (4 wks after TBM diagnosis)
Neutrophil-mediated immune responses			
Inflammasome activation			

mRNA abundance of inflammasome-related genes validated by qPCR



21 Transcripts associated with inflammasome



# Conclusion

- High baseline bacillary load
- Corticosteroids was insufficient to prevent production of inflammatory mediators
- Neutrophil-dependent inflammatory responses present prior to TB treatment therapy- ? genetic predisposition (LTA4H, IL-18, TNF- $\alpha$ )
- Inflammasome activation during prior to ART and at time of IRIS

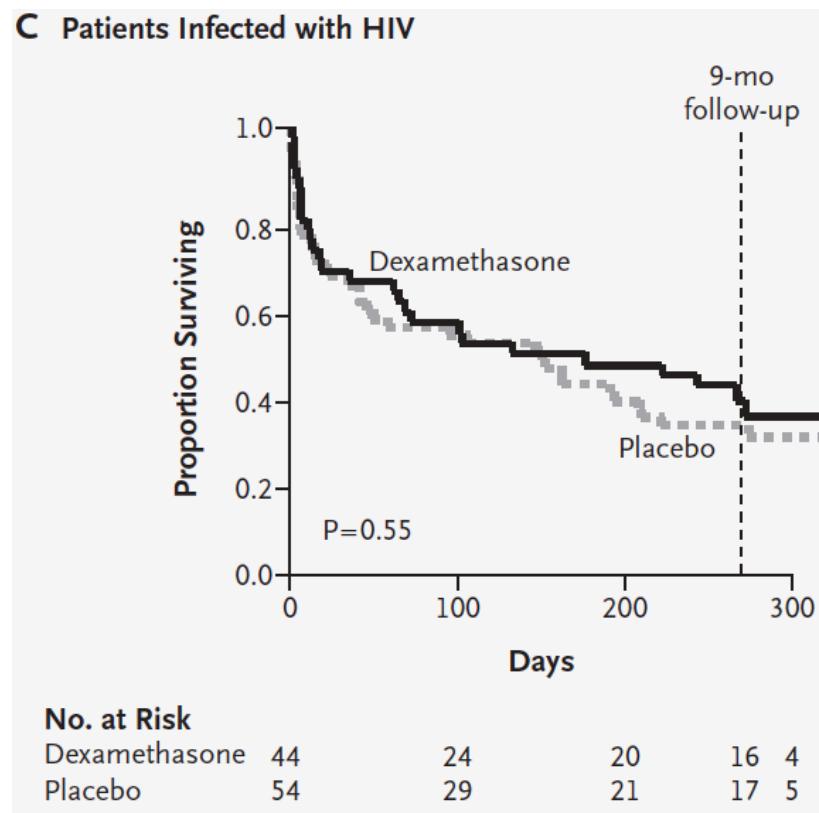
# Reducing bacillary load faster with more effective regimen

- HIV patients often have malabsorption
- Low rifampicin exposure common in HIV
- Increased oral rifampicin (15 vs 10 mg/kg/day)= no survival benefit
- ? Much higher rifampicin doses ? Intravenously
- Derive and test novel combination antibiotic regimes bespoke for TBM and which can be combined with ART

# Corticosteroids: ?Benefit ?Harm

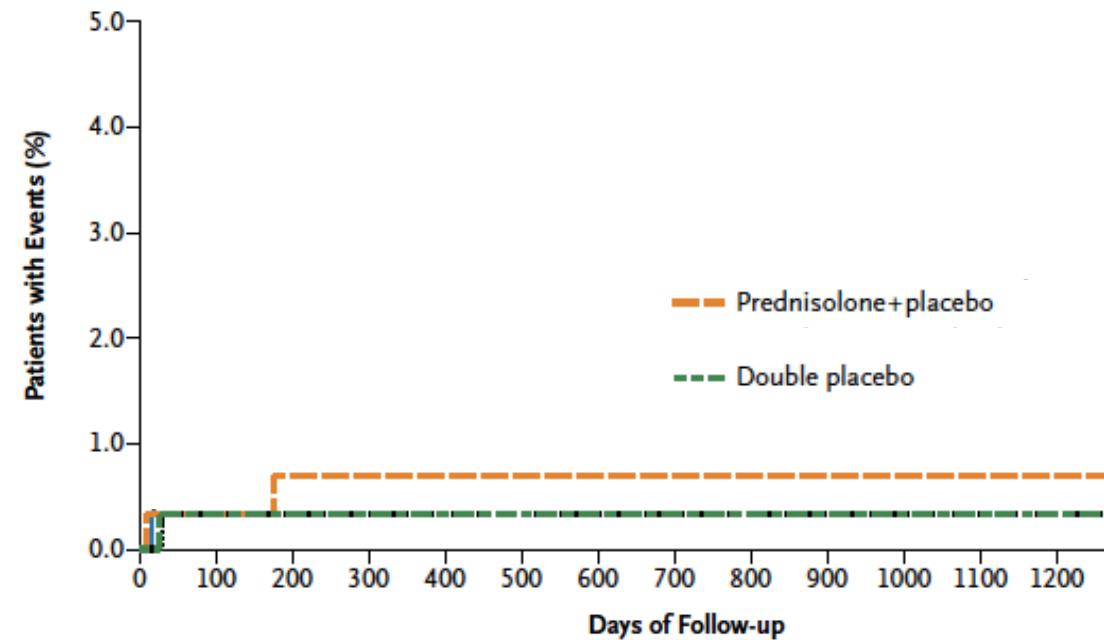
Thwaites et al.

Less severe A/E's



Mayosi et al.

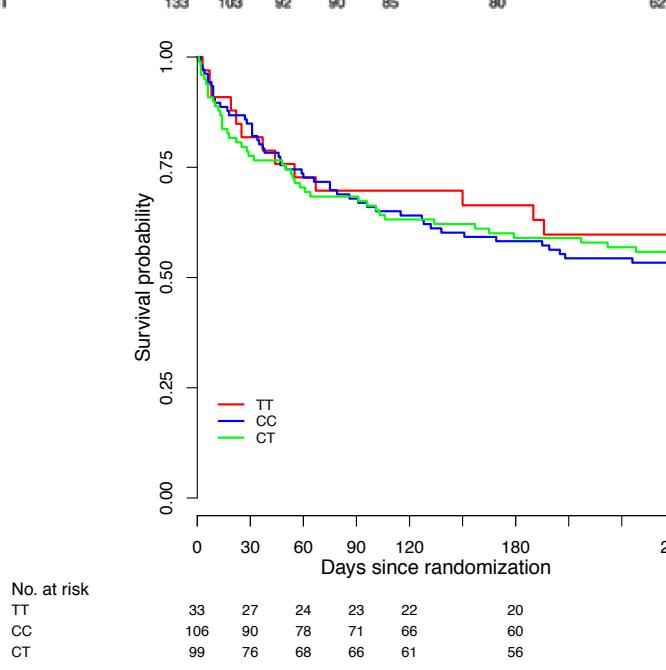
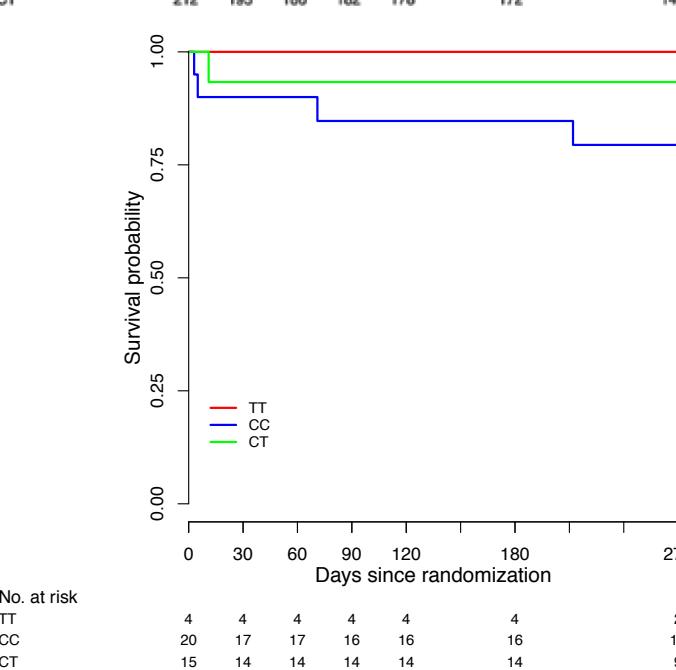
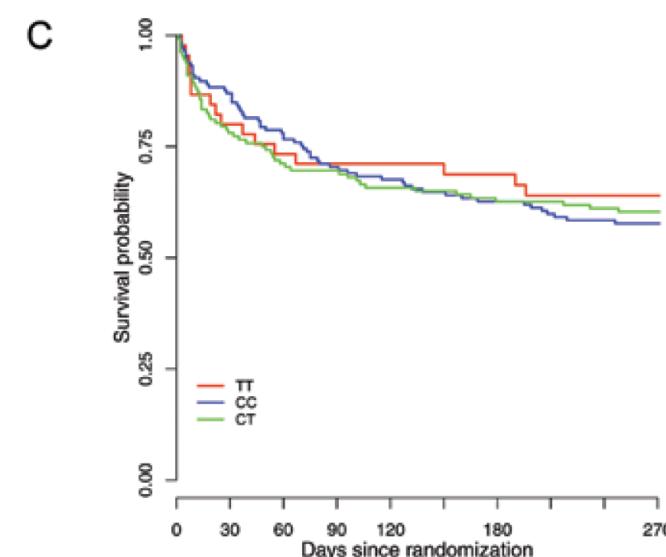
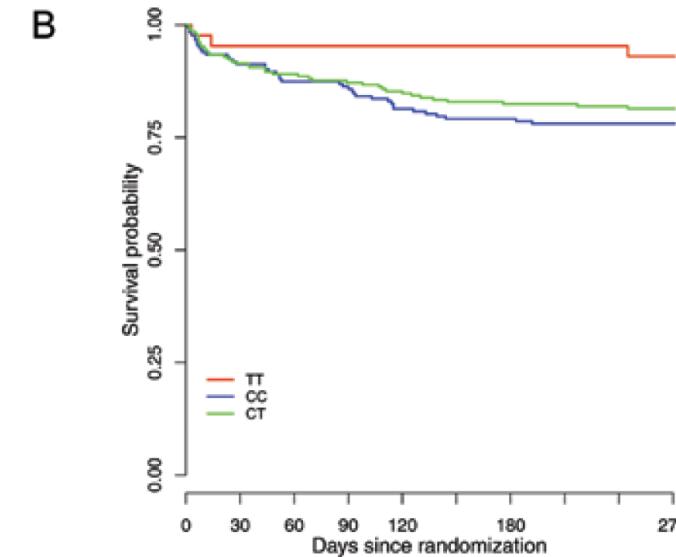
Increased incidence of HIV-related cancers: 0.73 vs. 0.08 p 100 py



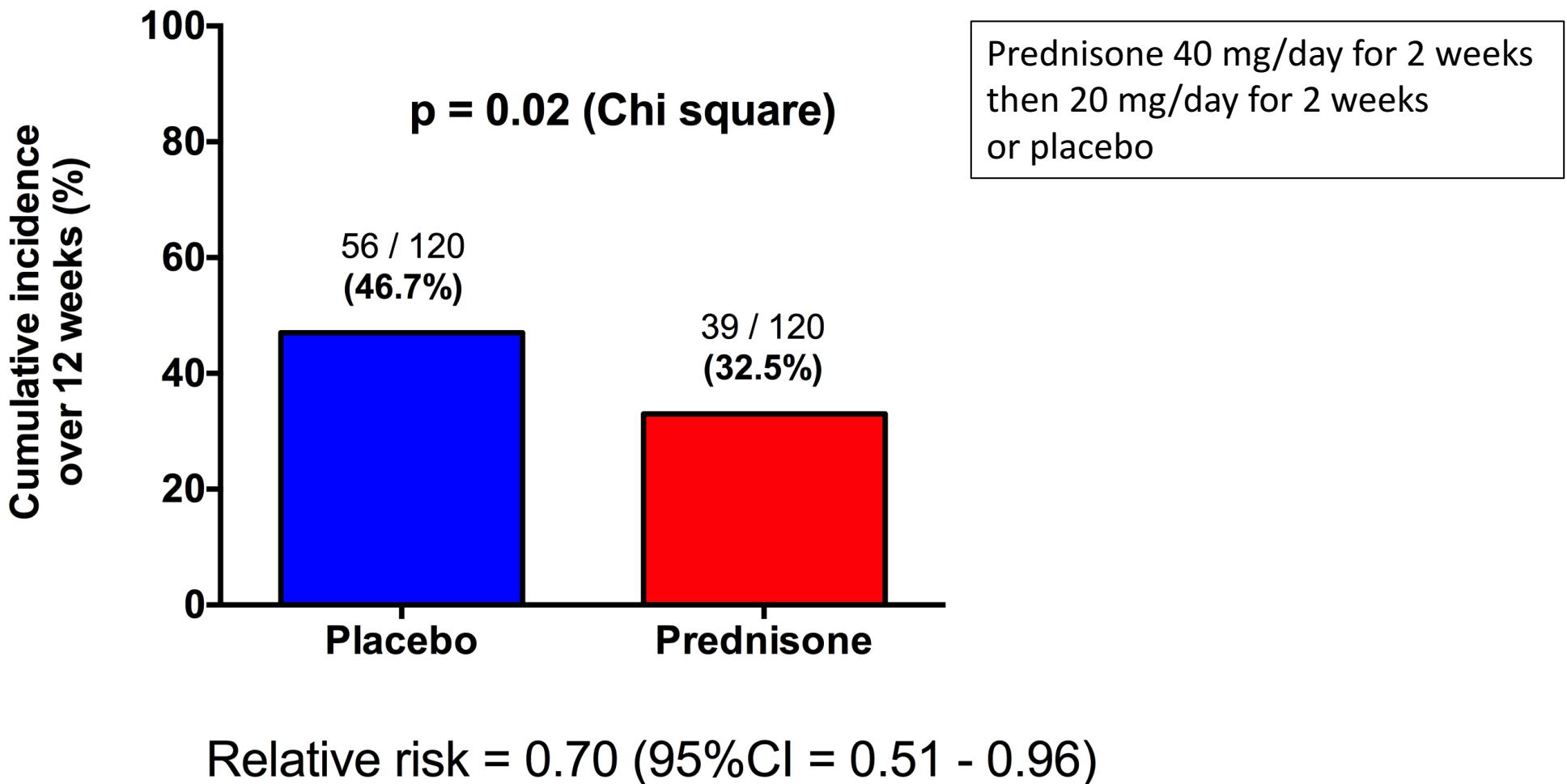
# ? Benefit of corticosteroids dependent on degree of immunosuppression

- Association of LTA4H genotype and outcome in HIV-uninfected TBM patients in Vietnam, but not Indonesia

# Survival in TBM stratified according to LTA4H genotype



# Prednisone effective for prevention of TB-IRIS in mild/moderate TB

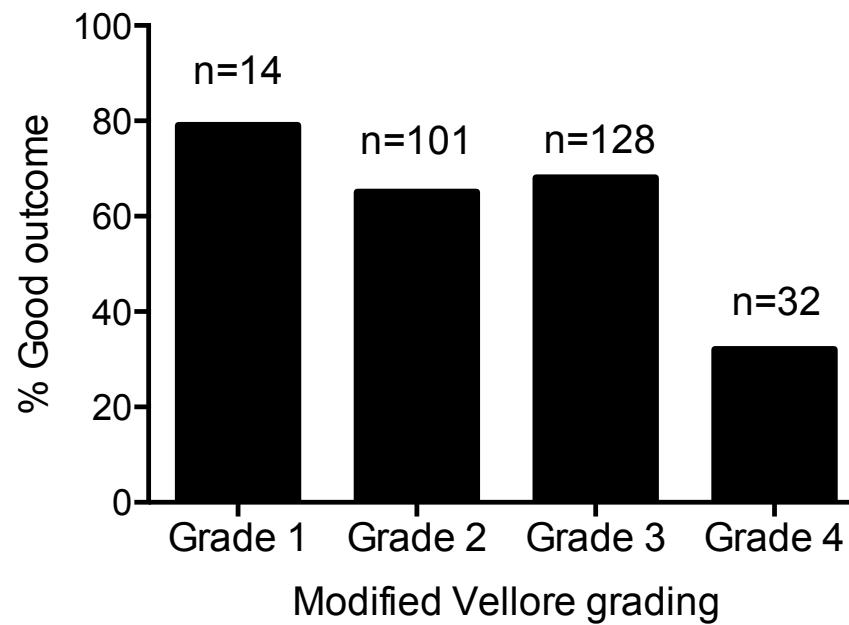


# Management of neurological TB-IRIS

- ? Higher doses corticosteroids
  - ? Alternative agents case reports of benefit in TB-IRIS
    - Thalidomide (Anti-TNF)
    - Montelukast (Leucotriene receptor antagonist)
  - ? Alternative agents approved for other indications
    - Tasquinimod (S100A9 inhibitors)
- ? Investigation of experimental agents
- MCC950 (inhibits NLRP3 inflammasome activation)

# Ventriculo-peritoneal shunting for hydrocephalus in TBM

“Good outcome” (GOS 4-5)  
GOS 4: Moderate disability  
GOS 5: Good recovery



Modified Vellore grading

- 1: GCS 15 - deficit
- 2: GCS 15 + deficit
- 3: GCS 9-14 ± deficit
- 4: GCS 3-8 ± deficit

# Ventriculo-peritoneal shunting for hydrocephalus in TBM according to HIV status

	Nadvi (South Africa)	Sharma (India)
Patients/group (n)	15	30
Age HIV+/HIV- (years, mean±SD)	26 ±16 /10±9	31±7/31±9
CD4: HIV (cells/mm <sup>3</sup> )	183 ±161 (mean ± SD)	143 (26-445) (median, range)
ART prescription	No	??
Mortality HIV+/HIV- (%)	67/27 (p<0.067) 1 month	67/31 Follow-up (p=0.03)
Good outcome (GOS 4 or 5) HIV+/HIV- (%)	27/60	24/65

# Research priorities in HIV-associated TBM

- Spinal complications of TB
- Pathogenesis of neurological TB-IRIS/paradoxical reactions
  - genetics
  - neutrophils
  - Inflammasome
- Prevention/management neurological TB-IRIS/paradoxical reactions
- Management of hydrocephalus

# Acknowledgements

## UCT

Robert J Wilkinson

Graeme Meintjes

Katalin Wilkinson

Rachel Lai

Monica Magwayi

Dominique J Pepper

Zahiera Ismail

Charlotte Schutz

Ronnett Seldon

Nzwaki Bangani

Armin Deffur

Kathy Wood

Rene Goliath

Anna Coussens

Maia Lesosky

## IALCH/UKZN

Ahmed I Bhigjee

Vinod Patel

Izanne Roos

